

**FOR CONFIDENTIAL
PEER SUPPORT CALL..**

Cumberlands, London	1-888-266-5130
Cumberlands, Somerset	1-866-231-5711
Eastern Mtns, Prestonsburg	1-866-225-4708
Eastern Mtns, Hazard	1-866-225-9740
Jefferson, Louisville (local)	502-254-8120
Lakes, Hopkinsville	1-888-348-3292
Lakes, Paducah	1-888-266-4973
Northeastern, Ashland	1-866-495-1418
Northeastern, Morehead	1-888-348-3352
Northern Bluegrass, Georgetown	1-866-495-1417
Northern Bluegrass, Newport	1-888-266-4959
Salt River Trail, Shelbyville	1-866-650-4323
Salt River Trail, Elizabethtown	1-866-231-5710
Southern Bluegrass, Lexington	1-866-495-1416
Two Rivers, Bowling Green	1-888-266-5126
Two Rivers, Owensboro	1-877-253-9586



**THE KY FOSTER & ADOPTIVE
PARENT TRAINING SUPPORT
NETWORK**

Training Resource Center
240 Wells Hall
Murray State University
Murray, KY 42071
Phone: 1-877-7OHEART
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E-mail:
Networkinfo@murraystate.edu

A Program of the Cabinet for Health & Family Services and the Training Resource Center of Murray State University in partnership with the Kentucky Foster/Adoptive Care Association.

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**PARENT
ADOPTIVE
NETWORK
THE KY FOSTER &
TRAINING SUPPORT**

**SERVING
DCBS FOSTER
AND ADOPTIVE
PARENTS IN THE
BLUEGRASS STATE**



THE NETWORK... WHAT WE DO

The Kentucky Foster & Adoptive Parent Training Support Network is made up of parent-led teams located throughout the state. Teams provide peer support in times of crisis and stress; training to improve skills in coping with the unique issues encountered in fostering and adopting children; and recruitment of prospective foster & adoptive parents. Teams include three to seven experienced and trained resource (foster or adoptive) parents and may include a professional from a mental health, law enforcement or related area. Staff representatives from Kentucky's Cabinet for Health and Family Services, Department for Community Based Services (DCBS), assist in this partnership effort. Funding is through Title IV-E of the Social Security Act administered by the Cabinet for Health and Family Services through the Training Resource Center of Murray State University.

PEER SUPPORT



Network team members provide free & confidential peer support for DCBS foster and adoptive parents in Kentucky.

Since Network team members are experienced resource parents who have dealt with the complex issues surrounding foster care and adoption, they are in a unique position to assist other parents. This experience, combined with training and Certification by the **Kentucky Community Crisis Response Board (KCCRB)**, equips Network team members in their role of providing peer support and psychological first aid. Their application of first-responder type skills can assist in stressful situations that threaten child placements and the well-being of the resource family. Confidentiality is maintained in all communication. DCBS parents can easily contact the Network through toll-free help lines.



The KCCRB trains Network members in Peer Support/Psychological First Aid skills.

PARENT TRAINING & RECRUITMENT

Network teams provide training to DCBS parents from a parent's perspective. Through a variety of



Network Training in Georgetown

opportunities ranging from formal classroom type training to more relaxed neighborhood or special-topic "Clusters", teams work to improve the skill levels of parents. This focus on parent-centered training is based on the understanding that increased knowledge and awareness are major keys in helping parents reduce stress, and prevent child placement disruptions.

Network teams also help recruit new DCBS foster parents and to find permanent adoptive homes for waiting children. By seeking "smart" solutions to recruitment, Network teams devise creative approaches to recruitment. Resource parents make the best recruiters for other foster & adoptive parents. Network teams are, thus, able to apply their own personal experience and skills to this vital task.

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